# AACAP Honors 2‡24

## American Academy of Child & Adolescent Psychiatry

### AMERICAN ACADEMY OF CHILD CADOLESCENT PSYCHIATRY

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#### Mission

The Mission of AACAP is to promote the healthy development of children, adolescents, and families through advocacy, education, and research, and to meet the professional needs of child and adolescent psychiatrists throughout their careers.



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#### AACAP Catchers in the Rye Awards

I keep picturing all these little kids playing some game in this big field of rye and all. Thousands of little kids, and nobody around—nobody big, I mean—except me. And I'm standing on the edge of some crazy cliff. What I have to do, I have to catch everybody if they start to go over the cliff. J.D. Salinger, The Catcher in the Rye

The American Academy of Child and Adolescent Psychiatry (AACAP) is honored to present its most prestigious award, the AACAP Catchers in the Rye Award, to our 2024 award recipient.



#### AACAP Catchers in the Rye Humanitarian Award

#### Alicia Koplowitz



Ms. Koplowitz receives her award during the Karl Menninger, MD, Plenary on Wednesday, October 16, from 8:00 am – 9:45 am.

The AACAP Catchers in the Rye Humanitarian Award is awarded by the AACAP Executive Committee. It was established in 1990 to honor those who have made a sustained and significant contribution to pediatric mental health through activities such as advocacy, education, entrepreneurship, philanthropy, research, and /or acts of bravery/ kindness. AACAP is honored to present the 2024 Catchers in the Rye Humanitarian Award to Alicia Koplowitz.

Alicia Koplowitz Romero de Juseu is the chair of Omega Capital, an investment company she created in 1998. For eight years, Ms. Koplowitz was the Vice-President of the Board of Directors of the company, Fomento de Construcciones y Contratas. She left in 1998, selling her entire shareholding in the company.

As an expression of her social commitment, Ms. Koplowitz created the Foundation that today bears her name, the Alicia Koplowitz Foundation, of which she is Lifetime President. Established in 1995, the Foundation focuses on two primary areas: social services and medical-scientific initiatives. In the social services area, the Foundation provides care, support, and protection in foster homes for children and adolescents from dysfunctional families, as identified by the Community of Madrid, helping them integrate into society. In the medicalscientific area, the Foundation organizes programs to promote research and training in child and adolescent psychiatry and pediatric neurology. Each year, the Foundation awards two-year scholarships for advanced training in these specialties at hospitals in the United Kingdom, the United States, and Sweden. It also provides grants for short placements abroad for other types of academic training; assistance for research projects in psychiatry and the neurosciences relating to children and adolescents; and organizes training courses and meetings for professionals in these fields led by nationally and internationally respected specialists. In Madrid, the Foundation built and donated the Alicia Koplowitz Centre for the In-Patient Treatment and Rehabilitation of Multiple Sclerosis Sufferers, which has 96 inpatient sites, 32 day-center sites and 30 outpatient sites. The Foundation donated the Centre to the Autonomous Community of Madrid, which manages it and finances its operation, with the Foundation monitoring its work via a commission.

Ms. Koplowitz is an Honorary Member of the Spanish Society of Psychiatry, Honorary Member of the Spanish Association of Child and Adolescent Psychiatry (AEPNYA), Patron of the Princess of Asturias Foundation, Patron of the Cultural Advisory Board of the La Caixa Banking Foundation, Member of the Board of the Union Centrale des Arts Décoratifs (UCAD), Member of the European Advisory Board of Christie's, Member of the Board of the Peres Centre for Peace in the Middle East, Patron of the SHE Foundation, Patron of the Friends of the Prado Museum Foundation, and International Ambassador of the Feuerle Collection.

Ms. Koplowitz has received numerous honors and awards. She was made a knight of France's Légion d'honneur. She is an Honorary Academic of the Royal Academy of Fine Arts of San Fernando and Honorary Academic of the Spanish Medical Surgical Academy. Other honors, awards, and distinctions include being named: the Autonomous Community of Madrid's Gold Medal recipient; the Gran Cruz de la Orden del Mérito Civil; and the Gran Cruz de Alfonso X El Sabio.

In addition, the Foundation has received an impressive number of awards including: the Gold Medal of the Red Cross and Red Crescent; the Mental Health Award from the Padre Menni Hospital Centre; and the Maimonides Award from the Asociación Amigos Universidad de Tel Aviv España.

Ms. Koplowitz studied at the French Lycée in Madrid and completed her education with various courses in economics and fine arts in Spain and Europe.

#### AACAP Virginia Q. Anthony Outstanding Woman Leader Award Karen Dineen Wagner, MD, PhD



Dr. Wagner receives her award during the Distinguished Member Awards Lunch on Wednesday, October 16 from 11:30 am–1:00 pm.

The AACAP Virginia Q. Anthony Outstanding Woman Leader Award is awarded by AACAP's President. It was established in 2013 to celebrate the lifetime achievements of extraordinary women in the field of child and adolescent psychiatry. As its namesake envisioned, the award is for women who have applied their talent, medical skills, and leadership to dramatically improve the wellbeing of children with mental illness. AACAP is honored to present the 2024 AACAP Virginia Q. Anthony Outstanding Woman Leader Award to Karen Dineen Wagner, MD, PhD.

Karen Dineen Wagner, MD, PhD, is the Professor and Chair of the Department of Psychiatry and Behavioral Sciences at the University of Texas Medical Branch in Galveston.

Dr. Wagner received her medical degree from the State University of New York at Stony Brook and her doctorate in clinical psychology from Temple University in Philadelphia. She completed her residency in psychiatry with Harvard Medical School at Beth Israel Hospital and completed a fellowship in child and adolescent psychiatry with Harvard Medical School at McLean Hospital.

Dr. Wagner is an internationally recognized expert in the pharmacological treatment of childhood mood disorders. Her work has contributed to the development of evidence-based treatments for children and adolescents with major depression and bipolar disorder.

Dr. Wagner is the recipient of numerous honors, including receipt of an Honorary Doctorate, State University of New York; Blanche F. Ittleson Award for Research in Child and Adolescent Psychiatry, American Psychiatric Association; Colvin Award for Outstanding Achievement in Mood Disorders, Brain and Behavior Research Foundation; Mood Disorders Research Award, American College of Psychiatrists; and Klerman Senior Investigator Award from Depression and Bipolar Support Alliance.

Dr. Wagner has served in leadership positions including the National Advisory Mental Health Council of the National Institutes of Health, President of the American Academy of Child and Adolescent Psychiatry, and President of the American Association of Directors of Child and Adolescent Psychiatry.

I am honored to have been selected for the Virginia Q. Anthony Outstanding Woman Leader Award. I have a longstanding admiration for Ginger and her dedication to AACAP. I am proud to be standing in the line of women who have received this award along with those who will in the future.



#### AACAP Sidney Berman, MD, Award for the School-Based Study and Treatment of Learning Disorders and Mental Illness Shirley D.A. Alleyne, MBBS

The AACAP Sidney Berman, MD, Award for the School-Based Study and Treatment of Learning Disorders and Mental Illness acknowledges outstanding leadership in the public education and treatment of learning disabilities. Albert Abramson, president of the Abramson Family Foundation, established this award in 1996 as a tribute to founding member and AACAP Past President (1969–71) Sidney Berman, MD.

Shirley D.A. Alleyne, MBBS, is the Director of the Psychiatry Residency Training Program at Lakeland Regional Health and an Associate Professor at Nova Southeastern University. She completed her medical training at the University of the West Indies and her psychiatry residency and child and adolescent psychiatry fellowship at Upstate Medical University and Yale Child Study Center. In her eighteen-year career, Dr. Alleyne has held roles such as Mental Health Advisor for the WHO, Councilor at Large, and Co-Chair of the International Relations Committee of the AACAP, and Associate Program Director for the Child and Adolescent Psychiatry Fellowship Program at the University of Florida.

Dr. Alleyne is a member of various committees, including the American Association of Directors of Psychiatry Residency Training's Neuroscience and Mentorship Committees and AACAP's Clinical Essentials and Schools Committees. Her career has focused on mentorship in medicine and developing mental health services for underserved communities, often utilizing the school system for clinical, policy, and advocacy work. She has received numerous awards, including the University of Florida Exceptional Educator Award and the Nova Southeastern University Medical Student Mentorship and Research Awards.



Dr. Alleyne presents, "Follow the Light: My Path Into and In School Psychiatry" during Honors Presentation 2 on Wednesday, October 16 from 5:00 pm–5:50 pm.

Thank you to AACAP's Schools Committee for its unwavering commitment to supporting the mental health of all children, through the vehicle of the school system, and to AACAP for recognizing our work as school psychiatrists.

#### Klingenstein Third Generation Foundation Award for Research in Depression or Suicide, supported by the Klingenstein Third Generation Foundation

#### Tony T. Yang, MD, PhD



Dr. Yang presents "How Obstructed Action Efficacy Impacts Reward-based Decision-making in Adolescent Depression: An fMRI Study" during Honors Presentation 5 on Friday, October 18 from 8:00 am–11:00 am. The Klingenstein Third Generation Foundation Award for Research in Depression or Suicide recognizes the best paper published in the Journal of the American Academy of Child and Adolescent Psychiatry on depression and/or suicide, written by a child and adolescent psychiatrist, and published between July 2023 and June 2024. The award is supported by the Klingenstein Third Generation Foundation, which established this award in 1999.

Tony T. Yang, MD, PhD, is a Professor at the University of California, San Francisco and board-certified child and adolescent psychiatrist who specializes in diagnosing and treating depression in adolescents. His research has been funded by several grants from the NIH and private foundation grants from the Klingenstein Third Generation Foundation, Brain & Behavior Research Foundation, and other funding agencies. Dr. Yang is currently Principal Investigator (PI) on three separate grants in adolescent depression. He is currently PI on an NIH grant that focuses on studying the effects of an innovative mindfulness-based, fully-remotely delivered group intervention for the treatment and prevention of adolescent depression that was originally conceived and developed in his research lab at UCSF. Dr. Yang is also PI on another current NIH grant to examine and understand the effects and underlying mechanisms of the addition of probiotics to standard first-line treatments for adolescent depression. Dr. Yang is also PI on an additional new grant to apply a precision medicine approach to the understanding and development of clinical translational tools and interventions to help with the prevention and treatment of adolescent depression. He is also presently a co-I on another NIH grant to study the effect of an innovative clinical treatment intervention to improve sleep and depression in depressed adolescents.

"A human being can survive almost anything as long as she sees the end in sight. But depression is so insidious, and it compounds daily, that it's impossible to ever see the end." —Elizabeth Wurtzel



# AACAP Elaine Schlosser Lewis Award for Research on Attention-Deficit Disorder

Samuele Cortese, MD, PhD

The AACAP Elaine Schlosser Lewis Award for Research on Attention-Deficit Disorder is given annually for the best paper published in the Journal of the American Academy of Child & Adolescent Psychiatry, written by a child and adolescent psychiatrist, and published between July 2023 and June 2024. The award was established in 1994 and is supported by the Elaine Schlosser Lewis Fund, a fund named in honor of the late mother of AACAP member Owen Lewis, MD, a special education teacher and child advocate.

Samuele Cortese, MD, PhD, is currently NIHR Research Professor, Professor of Child and Adolescent Psychiatry at the University of Southampton and Bari, and Honorary Consultant for Solent NHS Trust. Prof. Cortese's main research interests are around neurodevelopmental disorders. He has published more than 400 peer-review papers. He has secured funding as main/co-applicant for more than £ 13 M. In 2022, he was included in the top 1% of scientists in the field of psychiatry/psychology (*Web of Science*). Since 2022, he ranked #1 worldwide in terms of expertise on ADHD (*Expertscape*).



Dr. Cortese presents "Systematic Review and Meta-analysis: Clinical Utility of Continuous Performance Tests for Identification of Attention-Deficit/Hyperactivity Disorder" during Honors Presentation 5 on Friday, October 18 from 8:00 am–11:00 am.

My team and I are thrilled and honored to receive this award. We hope our paper will inform daily clinical practice.

#### AACAP Irving Philips, MD, Award for Prevention Balkozar S. Adam, MD



Dr. Adam presents "A Psychiatrist's Pursuit of Prevention" during Honors Presentation 4 on Thursday, October 17 from 9:00 am–9:50 am The Irving Philips, MD, Award for Prevention recognizes a child and adolescent psychiatrist and AACAP member who has made significant contributions in a lifetime career or single seminal work to the prevention of mental illness in children and adolescents. The award is named after former AACAP President Irving Philips, MD (1985–1987) who was renowned for his work in the field of prevention.

Balkozar S. Adam, MD, is a child and adolescent psychiatrist with Burrell Behavioral Health and a professor emeritus of psychiatry at the University of Missouri. Dr. Adam is a renowned clinician, researcher, educator, mentor, and advocate. She is a child and adolescent psychiatrist with decades of experience working with children and their families. She is a distinguished life fellow of both the American Academy of Child and Adolescent Psychiatry and the American Psychiatric Association. She served on a number of committees and executive boards, including the Council of the American Academy of Child and Adolescent Psychiatry and the AACAP Assembly Executive Committee. She is also a member of the APA Council for Children, Adolescents and their Families, the AACAP Life Members Committee, the AACAP Diversity and Culture Committee, the Greater St. Louis ROCAP Executive Committee, and the Missouri Psychiatric Physicians Association Executive Committee. She has presented at national and international conferences on a wide range of topics, with a focus on prevention and providing culturally informed care to patients as well as immigrant and refugee mental health. She has received numerous awards, including the APA 2023 Agnes Purcell McGavin Award for Distinguished Career Achievement in Child and Adolescent Psychiatry, a Lifetime Achievement Award in Child and Adolescent Psychiatry, the 2019 Jeanne Spurlock, MD, Award on Diversity and Culture, and the 2019 AACAP Assembly Catchers in the Rye award for an individual. She previously served as Medical Director of the inpatient child and adolescent psychiatry unit of Mid-Missouri Mental Health Center and of Turning Point Child Psychiatry Unit at Arkansas Children's Hospital.

I have dedicated my career to increasing awareness and prevention of mental illnesses as well as providing culturally informed care to patients, including the underserved and the immigrants and refugees.



#### AACAP Norbert and Charlotte Rieger Award for Scientific Achievement Tonya White, MD, PhD

The AACAP Norbert and Charlotte Rieger Award for Scientific Achievement recognizes the best paper published in the Journal of the American Academy of Child and Adolescent Psychiatry from July 2023 through June 2024. Established in 1988, the award is supported by the Norbert and Charlotte Rieger Foundation.

Tonya White, MD, PhD, heads the Section of Social and Cognitive Development Neuroscience within the Intramural Program at the National Institute of Mental Health. She has an eclectic educational background, having received Bachelor's (magna cum laude) and master's degrees in electrical engineering prior to completing medical school at the University of Illinois (James Scholar) and later obtaining a PhD from Erasmus University. She completed a Triple Board residency at the University of Utah and a postdoctoral research fellowship at the University of Iowa under the mentorship of Dr. Nancy Andreasen. Following her postdoctoral research fellowship, Dr. White was a junior faculty member at the University of Minnesota for eight years. She joined the faculty at Erasmus University Medical Centre in 2009 to set up and direct the neuroimaging program within the Generation R study, which is a large population-based study of child development. She left her position as Professor of Pediatric Population Neuroimaging two years ago to join the NIH. Her primary research focus lies in understanding the underlying neurobiology of neurodevelopmental disorders, including the intersection between developmental neuroscience and epidemiology. Dr. White has published 284 peer-reviewed journal articles, 32 book chapters and editorials, and one children's book.



Dr. White presents "Stage 2 Registered Report: The Bidirectional Relationship Between Brain Features and the Dysregulation Profile: A Longitudinal, Multimodal Approach" during Honors Presentation 5 on Friday, October 18 from 8:00 am–11:00 am.

I would like to thank the Rieger Foundation and AACAP for this amazing honor. It was a team effort and I highlight Elisabet Blok, a future child and adolescent psychiatrist with a great future. Also, I stand amazed at the nearly 70% participation rate in the Gen R Study, even after 20 years of being poked, prodded, asked many questions, and imaged. I thank the JAACAP for creating registered reports. While the process took much time (and waiting), I hope that more research publications take this route. Finally, the paper has tremendous implications for how we understand brain/behavior interplay over time.

#### AACAP Norbert and Charlotte Rieger Psychodynamic Psychotherapy Award

Eunice Y. Yuen, MD, PhD



Dr. Yuen presents *"CHATogether:* Cultivating Compassion, Home Belonging, and Action Together for a Stronger Sense of Self, Family, and Community" during Honors Presentation 1 on Wednesday, October 16 from 4:00 pm-4:50 pm. The AACAP Norbert and Charlotte Rieger Psychodynamic Psychotherapy Award, supported by the Norbert and Charlotte Rieger Foundation, recognizes the best published or unpublished paper written by a member of AACAP. The winning paper addresses the use of psychodynamic psychotherapy in clinical practice and fosters development, teaching, and practice of psychodynamic and psychotherapy in child and adolescent psychiatry.

Eunice Yuen, MD, PhD, is an Assistant Professor of Psychiatry at the Yale School of Medicine. She is a neuroscientist and child and adolescent psychiatrist by training and currently Associate Medical Director at the Parent and Family Development Program of Yale Child Study Center. Dr. Yuen's interests in children's mental health covers from basic science on genetics and neurobiology to community-based advocacy, clinical intervention, and medical education. Dr. Yuen grew up in Hong Kong and is now a mother of two Asian American children. This unique background fosters her academic interests in Asian American youth and family mental health through a cross-cultural/generational lens. She is the Founder and Director of Yale CHATogether, a family-centered program using theatrical vignettes as educational tools and clinical intervention to promote mental health in adolescents, young adults, and parents. Dr. Yuen is also the principal investigator of the Acting Together Program, a culturally informed clinical education initiative tailored for interprofessional healthcare trainees through improvisation and theater.

Thank you to AACAP and the Rieger Foundation for this honor. It has been humbling to learn and grow together with my colleagues, patients, and their families on my young endeavor—Compassionate Home, Action Together (CHATogether). This journey has embarked under the shadow of the COVID-19 pandemic, sailed across communities, and now began to explore a new horizon—the families. I hope we can continue to foster innovative application of psychodynamic psychotherapeutic concepts with more compassionate providers and families for our children and adolescents.

#### AACAP Norbert and Charlotte Rieger Service Program Award for Excellence

Shawn Singh Sidhu, MD

The AACAP Norbert and Charlotte Rieger Service Program Award for Excellence recognizes innovative programs that address prevention, diagnosis, or treatment of mental illness in children and adolescents and serve as model programs to the community. Supported by the Norbert and Charlotte Rieger Foundation, the Award was established in 1996.

Shawn Singh Sidhu, MD, is currently a Professor of Psychiatry at the University of California San Diego School of Medicine, where he serves as Program Director for the UCSD Child and Adolescent Psychiatry Program. As a child of Sikh immigrants, Dr. Sidhu was infused as a young child with the mantra, "the world's problems are your problems." This ancestral emphasis on social activism led him to spend a summer at Mother Teresa's Home of the Dying and Destitute and AIDS Orphanage as a teenager, where he witnessed poverty at a scale previously incomprehensible to him. He was inspired by the patients he met, who while they literally had nothing of monetary value, managed to maintain a loving "we will overcome" outlook on life. This experience ignited a spark within him to partner with underserved populations for the rest of his life. Dr. Sidhu has served Native American populations in four states, both on reservation and via telehealth, and now as Co-Founder and Director of the Vista Hill Native American SmartCare Program, a pediatric mental health access program currently serving 9 tribalfacing healthcare sites in the state of California. Dr. Sidhu has also trained over 1,500 healthcare providers in how to conduct asylum evaluations for migrants. He serves as a faculty member for the Asylum Medicine Training Initiative, which has seen over 42,000 page views from 12,000 unique visitors from over 80 countries.



Dr. Sidhu presents "An Unshakeable Calling: Colonization Trauma and Psychosocial Adversity in Native American, Migrant, and Undocumented Children and Families" during Honors Presentation 3 on Thursday, October 17 from 8:00 am–8:50 am.

It is an incredible honor to be receiving the 2024 Norbert and Charlotte Reiger Service Program Award for Excellence! AACAP is home to over 10,000 child and adolescent psychiatrists, all of whom live a life of service every day in dedication to the youth and families for whom they care. They serve as agents of change for healing throughout their communities and beyond, and thus all of our members would be very deserving of this award. Thank you for all that you do!

# AACAP Jeanne Spurlock, MD, Lecture and Award on Diversity and Culture

Beverly J. Stoute, MD



Dr. Stoute presents "Why Race? And How Can We Think About It?" during the Honors Presentation 5 on Friday, October 18, from 8:15 am–8:45 am. The AACAP Jeanne Spurlock, MD, Lecture and Award on Diversity and Culture recognizes individuals who have made outstanding contributions to the recruitment of child and adolescent psychiatry from all cultures. This award was established in 2012 in honor of Jeanne Spurlock, MD, a giant in child and adolescent psychiatry and in advocacy for children, adolescents, and their families from all cultures.

Beverly J. Stoute, MD, is a leader and advocate in child, adolescent, and adult psychiatry and psychoanalysis. She is internationally recognized for transforming psychoanalytic and developmental perspectives on race awareness and addressing implicit bias in healthcare in her work as an organizational consultant, scholar, clinician, and educator.

Dr. Stoute's innovations embrace integrative psychoanalytic treatment approaches for children and adults with complex severe psychiatric illness, complex trauma, and neurodivergent learning styles by combining psychodynamic perspectives with community advocacy and forensic assessment. Dr. Stoute is a Distinguished Fellow of the American Psychiatric Association, a Distinguished Fellow of the American Academy of Child and Adolescent Psychiatry, the recipient of the Academy's 2018 Rieger Award in Psychodynamic Psychotherapy, and 2024 Yale School of Medicine Department of Psychiatry Distinguished Alumni Award. Her scholarly work, translated into German, Spanish, and Portuguese, is primary reading in training programs and featured in the archives of the Freud Museum in London.

Dr. Jeanne Spurlock, a groundbreaking child and adult psychiatrist and psychoanalyst, and fearless servant leader, worked tirelessly to combat the traumatic deprivation that poverty, racism, sexism, and all forms of discrimination inflict on children. Having my work recognized as continuing her legacy is a distinct honor and privilege. As an African American child, adolescent, and adult psychiatrist and psychoanalyst, I hope to continue the work she championed. I extend my deep gratitude to AACAP for bestowing this honor on me.



# AACAP George Tarjan, MD, Award for Contributions in Developmental Disabilities

Jessica A. Hellings, MD

The AACAP George Tarjan, MD, Award for Contributions in Developmental Disabilities recognizes a child and adolescent psychiatrist and AACAP member who has made significant contributions in a lifetime career or single seminal work to the understanding or care in the field of intellectual and developmental disabilities. The award was established in 1993 in honor of former AACAP President George Tarjan, MD (1977–79), by his wife, Mrs. George Tarjan and friends.

Jessica A. Hellings, MD, is a professor of psychiatry at the University of Missouri- Kansas City. Her training in psychiatry was from the University of the Witwatersrand in Johannesburg, South Africa. She completed a fellowship in child and adolescent psychiatry at the University of Kansas Medical Center, and is ABPN board certified in general psychiatry and child and adolescent psychiatry. She developed specialty services for individuals of all ages with developmental disabilities at University of Kansas Medical Center, The Ohio State Nisonger Center, and for the state of Missouri. She served as a reviewer for NIMH and multiple journals, and performed NIMH- and NICHD-funded clinical trials. Her clinical and research work for the past 40 years spans psychopharmacology for severe challenging behaviors in children, adolescents, and adults with Autism Spectrum Disorders (ASD) and Intellectual/Developmental Disabilities (IDD), including aggression, self-injury, and property destruction. She also studies older drugs warranting trials in ASD/IDD including low dose loxapine and amitriptyline, which show promise in this population and are becoming increasingly used. Minimally verbal individuals and treatment resistance are an important focus of her clinical work and research. The gut-brain axis, celiac disease, and non-celiac gluten sensitivity in neuropsychiatric illness are more recent areas of focus, about which she has co-authored a new book. She is president of her local branch of the American Association of University Women. She is active in increasing psychiatry training program focus on ASD/IDD, and serves on the Missouri board of ECHO Developmental Disabilities.



Dr. Hellings presents "I Must Do Something Meaningful: Improve the Lives of Those with Developmental Disabilities" during Honors Presentation 5 on Friday, October 18 from 8:00 am–11:00 am.

"Change does not roll in on the wheels of inevitability but comes through continuous struggle." —Martin Luther King, Jr.

#### AACAP Simon Wile, MD, Leadership in Consultation Award Sigita Plioplys, MD



Dr. Plioplys presents, "The Current Perspectives on Clinical Pediatric Neuropsychiatry— Can a Dialog Lead to a Collaborative Care?" during the Simon Wile Symposium on Tuesday, October 15 from 2:30 pm-4:30 pm. The AACAP Simon Wile, MD, Leadership in Consultation Award acknowledges outstanding leadership and continuous contributions in the field of consultation-liaison child and adolescent psychiatry. The award is named after Simon Wile, MD, a renowned pediatrician and lifelong supporter of child and adolescent psychiatry, and it was established in 2003 with a donation from the Massachusetts General Hospital.

Sigita Plioplys, MD, is the Head of the Pediatric Neuropsychiatry Program at the Pritzker Department of Psychiatry and Behavioral Sciences, a consultant psychiatrist at the Epilepsy Center at Lurie Children's Hospital of Chicago, and Professor of Psychiatry in the Department of Psychiatry of Feinberg School of Medicine, Northwestern University in Chicago. Her clinical expertise involves clinical care of children with neurological disorders, specifically epilepsy. She is a world-renowned expert in pediatric psychogenic nonepileptic seizures and FNDs. She has extensively published on the topic and presented nationally and internationally.

She has received private and federal grants for research and has published consistently for the past 25 years in pediatric neuropsychiatry, specifically psychogenic nonepileptic seizures. She has authored and co-authored over 50 articles and 12 book chapters. She has held leadership positions as a co-chair of AACAP's Physically III Child Committee and the PNES Committee at the American Epilepsy Society.

I am deeply honored and thankful to AACAP for awarding me the Simon Wile Award. I firmly believe that a successful medical career starts from a conversation with our patients and their families. These conversations lead to lifelong professional curiosity, compassion, and commitment to serve our patients and advance mental health care. I am particularly grateful to my mentors, Drs. Mina Dulcan and Rochelle Caplan. Their guidance and friendship for more than two decades have been invaluable, shaping my professional journey in profound ways. Thank you all for contributing to our shared mission and my professional journey.

#### AACAP New Distinguished Fellows

AACAP congratulates the following members elevated to Distinguished Fellows between 11/1/2023 and 08/31/2024.

Harmony Abejuela, MD—Braintree, MA Oday Alsarraf, MD, PhD-Rockford, IL Faheem Arain, MD-Lees Summit, MO Debra Atkisson, MD, PA-Weatherford, TX Abiola Babalakin, MD—Johns Creek, GA Matthew Baker, DO-Bellbrook, OH Steve Brasington, MD-Gainesville, FL Beverly J. Bryant, MD-Tyler, TX Elizabeth Cohen, MD-Brecksville, OH Nicole K. Cotton, MD-Atlanta, GA Jennifer Creedon, MD-New Orleans, LA Joshua D. Feder, MD-San Diego, CA Joshua B. Fitzgerald, MD-Reno, NV Anne Frederickson, MD—Westfield, NJ Lawrence K. Fung, MD, PhD-Palo Alto, CA Mayank Gupta, MD-Mars, PA Danella Hafeman, MD, PhD-Pittsburgh, PA Jessica A. Hellings, MD-Overland Park, KS Sansea L. Jacobson, MD-Pittsburgh, PA Kimberly Kelsay, MD—Denver, CO Raunak Khisty, MD-Burr Ridge, IL Esther S. Lee, MD-Lutherville Timonium, MD Erik Loraas, MD—Spokane, WA Carlene M. MacMillan, MD—Brooklyn, NY Raman Marwaha, MD-Pepper Pike, OH Alastair McKean, MD-Rochester, MN Jayasree Nandagopal, MD—Puyallup, WA David Safani, MD, MBA-Aliso Viejo, CA Chase Samsel, MD-Boston, MA Deepika Shaligram, MD-Lincoln, MA Julia Shekunov, MD-Rochester, MN

Garima Singh, MD—Columbia, MO Cesar Soutullo, MD—Houston, TX Laura Stone, MD—Dallas, TX Reem Utterback, MD—Cary, NC Shahnour Yaylayan, MD—Orland Park, IL Yesie Yoon, MD—Tampa, FL Heather Zaluski, MD—Helena, MT

#### AACAP E. James Anthony, MD, IACAPAP Presidential Travel Award Luis Augusto Rohde, MD, PhD



AACAP's E. James Anthony, MD, IACAPAP Presidential Travel Award was created to honor E. James Anthony, MD, AACAP President from 1981–1983, and to help support the travel expenses for the president of the International Association for Child and Adolescent Psychiatry and Allied Professionals (IACAPAP) to attend AACAP's Annual Meeting. This award was established in 2015 through the generosity of Virginia Q. Anthony and other donors and serves as a legacy to Dr. Anthony's commitment to building a stronger international community.

Luis Augusto Rohde, MD, PhD, is Professor of Child and Adolescent Psychiatry in the Department of Psychiatry at the Federal University of Rio Grande do Sul, Brazil, Director of the Program for Attention-Deficit/Hyperactivity Disorder at the Hospital de Clinicas de Porto Alegre, and Vice-Coordinator of the National Institute of Developmental Psychiatry for Children and Adolescents, Brazil. He served as Associate Editor of the Journal of Attention Disorders (2018–2022), International Editor of the *Journal of the American Academy of Child and Adolescent Psychiatry* (2008–2017) and as Co-Editor of the European Child and Adolescent Psychiatry (2004–2013).

Dr. Rohde is the Past President of the World Federation of ADHD and was former Vice-President of the International Association of Child and Adolescent Psychiatry and Allied Professions. He was also a member of the American Psychiatric Association working group for defining ADHD diagnosis in the *DSM-5*.

Dr. Rohde's research interests include different ADHD facets, neurodevelopment, and child and adolescent mental health epidemiology. He has published extensively in peer reviewed journals and has been an author or co-author in over 50 book chapters and editorials. He is editor or organizer of 8 books addressing child and adolescent mental health published in Brazil, UK, Germany, and the US.



#### AACAP Paramjit Toor Joshi, MD, International Scholar Award Elizabeth Allieu, MSc, MBChB

AACAP's Paramjit Toor Joshi, MD, International Scholar Awards recognize international physicians who have shown a commitment, early in their careers, for the enhancement of mental health services for children, adolescents, and their families. The award was established in 2015 with a donation from AACAP Past President Paramjit Toor Joshi, MD.

I am immensely proud to receive the Paramjit Toor Joshi, MD, International Scholar Award. This award recognizes my dedication to improving child mental health services through research, education, and policy reform. Attending the AACAP Annual Meeting will provide invaluable opportunities to learn from international experts, share my experiences, and collaborate on innovative solutions to global mental health challenges. I am committed to using this platform to enhance my skills, contribute to policy development, and foster a stronger network for advancing child and adolescent mental health in both low and high-income countries.



#### AACAP Paramjit Toor Joshi, MD, International Scholar Award Mitz S. Serofia, MD



AACAP's Paramjit Toor Joshi, MD, International Scholar Awards recognize international physicians who have shown a commitment, early in their careers, to the enhancement of mental health services for children, adolescents, and their families. The award was established in 2015 with a donation from AACAP past president Paramjit Toor Joshi, MD.

I am incredibly proud to receive the Paramjit Toor Joshi, MD, International Scholar Award. This recognition affirms my dedication to enhancing youth mental health support in the Philippines. Attending the AACAP Annual Meeting will enable me to gain cutting-edge knowledge, forge valuable connections, and acquire practical skills that will significantly benefit Project KaleidosCOPE and other initiatives. I am committed to using this opportunity to drive impactful change, advocate for mental health policies, and collaborate with international experts to create sustainable mental health solutions for Filipino youth.



#### AACAP Ülkü Ülgür, MD, International Scholar Award Runa Idil Uslu, MD

AACAP's Ülkü Ülgür, MD, International Scholar Award recognizes an AACAP member in the international community who has made significant contributions to the enhancement of mental health services for children and adolescents. The award was established in 2013 with a donation from AACAP member Ülkü Ülgür, MD.

I am deeply honored to receive the AACAP Ülkü Ülgür, MD, International Scholar Award. This recognition highlights my lifelong dedication to child and adolescent psychiatry and affirms my commitment to improving mental health services for youth. Attending the AACAP Annual Meeting will provide me with invaluable opportunities to gain cutting-edge knowledge, connect with global experts, and share my experiences. I am dedicated to using this platform to further enhance my skills, advocate for children's mental health, and implement innovative strategies that will benefit the youth in Turkey and beyond. This award empowers me to contribute more effectively to the global mental health community, drive impactful change, and inspire future generations of mental health professionals.



#### AACAP's Psychodynamic Faculty Initiative Mentorship Award

AACAP's Psychodynamic Faculty Initiative (PsyFI) Mentorship Award aims to support and advance psychodynamic psychotherapy training in child and adolescent psychiatry residency programs through faculty development. Under guidance of an assigned AACAP mentor, award recipients identify a problem or area in need of improvement in their child and adolescent psychiatry fellowship program's teaching of psychodynamic psychotherapy and design a project to address the need. They work through the year toward project completion with their assigned mentor, while gaining access to a network of leaders in the specialty. Funded through a generous donation by the Leatherman Drell Ritvo Fund for the Advancement of Psychodynamic Child & Adolescent Psychiatry (LDRF), recipients receive financial assistance toward their registration to attend a daylong project planning session, along with a networking event during the week of AACAP's Annual Meeting. The program is administered through AACAP's Department of Research, Grants, and Workforce, under the direction of Rachel Ritvo, MD, Marty Drell, MD, and Michael Shapiro, MD.



Mentee: Mahta Baghoolizadeh, MD

University of California, Irvine Mentor: Timothy Rice, MD Icahn School of Medicine at Mount Sinai



Mentee: Naveen S. Khanzada, MD University of Kansas Medical Center—Marillac Campus Mentor: Jawed M. Bharwani, MD Creighton University



Mentee: Thien Chuong Richard T. Ly, MD Samaritan Mental Health Mentor: Carl Fleisher, MD Boston Child Study Center, Los Angeles



Mentee: Julia Vander Weide, MD Wayne State University Mentor: Roberta Isberg, MD Boston Children's Hospital



Mentee: Eunice Y. Yuen, MD, PhD Yale University and Yale Child Study Center Mentor: Ayame Takahashi, MD Southern Illinois University



#### AACAP Leatherman-Drell-Ritvo Fund for the Advancement of Psychodynamic Child and Adolescent Psychiatry Grant Award Soe Thein, MD

#### Bridging the Gap: Integrating Psychodynamic Principles into Child and Adolescent Psychiatry Training through Digital Media

The Leatherman-Drell-Ritvo Fund (LDRF) for the Advancement of Psychodynamic Child and Adolescent Psychiatry, awards grants to support projects that maintain and enhance psychodynamic understanding and psychodynamically-informed therapies in child and adolescent psychiatry. LDRF-funded projects can build upon and extend the reach of AACAP's Psychodynamic Faculty Initiative (PsyFI) Mentorship Program projects or may address an area of need that is unaddressed by the PsyFI program. The grant was established in 2023 and is overseen by the Psychotherapy Committee and the Training and Education Committee.



Soe Thein, MD, is a recently minted child and adolescent psychiatrist from UC Davis Medical Center. He will join a private practice in New York City that offers medication management and therapy. Reflecting on his journey, he is grateful for where he is today. Born and raised in Myanmar, he came to the United States for college in 2008. Over the years, he explored various fields, including working as a research fellow at the NIH, a photographer, and a food blogger, before starting medical school at UC Irvine. He quickly found his calling in psychiatry and was matched at UC Davis Medical Center for residency. During training, he developed a keen interest in psychotherapy and pursued an additional two-year psychodynamic therapy training at the San Francisco Center for Psychoanalysis. He often found psychodynamic readings inaccessible and esoteric, especially for early learners such as medical students and residents. This frustration inspired him to create his YouTube channel, "Good Enough Psychiatrist," where he explored psychodynamic concepts through bite-sized animations. The channel has slowly gained followers, and it has amassed over 100K views.

I am thankful for the AACAP Leatherman-Drell-Ritvo Fund grant, as its goals align with my passion for making the field more accessible to diverse populations in creative ways.

#### AACAP Leatherman-Drell-Ritvo Fund for the Advancement of Psychodynamic Child and Adolescent Psychiatry Grant Award Maura Dunfey Hwang, DO



#### Teaching Child Psychotherapy in Philadelphia: A Rapprochement

The Leatherman-Drell-Ritvo Fund (LDRF) for the Advancement of Psychodynamic Child and Adolescent Psychiatry, awards grants to support projects that maintain and enhance psychodynamic understanding and psychodynamically-informed therapies in child and adolescent psychiatry. LDRF-funded projects can build upon and extend the reach of AACAP's Psychodynamic Faculty Initiative (PsyFI) Mentorship Program projects or may address an area of need that is unaddressed by the PsyFI program. The grant was established in 2023 and is overseen by the Psychotherapy Committee and the Training and Education Committee.

Maura Dunfey Hwang, DO, is Clinical Assistant Professor of Psychiatry at the University of Pennsylvania Perelman School of Medicine. Dr. Dunfey graduated from Villanova University in 1998 with her BA in Psychology and then completed her medical school prerequisite work at Saint Anselm College in her hometown of Manchester NH. She attended medical school at the Philadelphia College of Osteopathic Medicine, graduating with her DO in 2007. Dr. Dunfey is double board certified in general and child and adolescent psychiatry, having completed her residency at Thomas Jefferson University Hospital and CAP fellowship at Children's Hospital of Philadelphia (CHOP). She has an additional certification in Ecosystemic Structural and Family Therapy. Since completing her CAP fellowship in 2012, Dr. Dunfey has worked at Council for Relationships, a private group practice based in West Philadelphia. Dr. Dunfey is Co-Director of the Applied Psychodynamic Curriculum in the Department of Child and Adolescent Psychiatry and Behavioral Science (DCAPBS) at CHOP, where she also facilitates the 2nd year fellows' weekly process group.

The grant will allow me to emphasize the unique role for child psychiatry and the importance of trainees seeing child psychiatrists doing this work.



#### Members of the 100% Club

The following child and adolescent psychiatry residency directors recruited all of their residents to be members of AACAP. Since child and adolescent psychiatry residents are the future of both AACAP and the field of child and adolescent psychiatry, AACAP acknowledges and warmly thanks the following residency directors for their support.

Baylor College—Laurel L. Williams, DO

Brown University—Jeffrey I. Hunt, MD

Carilion Clinic-Virginia Tech— Katherine Liebesny, MD

Central Michigan University-Nikita Roy, MD

Charles R. Drew University of Medicine and Science—Amy Woods, MD

Children's Hospital Medical Center of Akron/NEOMED Program— Sumru A. Bilge-Johnson, MD

Children's Hospital of Philadelphia— Anik Jhonsa, MD

Children's Hospital of Philadelphia Post Pediatric Portal Program— Katrina Fletcher, MD

**Cincinnati Children's Hospital**— Brian Perry Kurtz, MD

Citrus Health Network, Inc.— Carlos A. Salgado, MD

Creighton University, Mesa— Wendy Watson, MD, MPH

Creighton University, Omaha— John A. Pesavento, MD

Detroit Medical Center/Wayne State University—Rebecca Leigh Klisz-Hulbert, MD

Duke University Hospital— Tara Chandrasekhar, MD

Eastern Virginia Medical School— Mariam Rahmani, MD

Gateway Behavioral Health Community Service Board Program—Kevin J. Winders, MD

Indiana University—Rachel Yoder, MD

Jersey Shore University— Lauren Kaczka-Weiss, DO Louisiana State University, Shreveport— Pamela McPherson, MD

MaineHealth Maine Medical Center— Erin L. Belfort, MD

Marshall University—Kristina Melvin, MD

Massachusetts General Hospital/McLean Hospital—Khadijah B. Watkins, MD

McGaw Medical Center of Northwestern University—Julie M. Sadhu, MD

Medical College of Wisconsin Affiliated Hospitals—Erica Michelle Arrington, MD

Medical University of South Carolina— A. Lee Lewis, IV, MD

Mountain Area Health Education Center— Nicholas Ladd, DO

NewYork-Presbyterian Hospital/Columbia University—Oliver M. Stroeh, MD

Ohio State University Hospital— Anna J. Kerlek

Oregon Health & Science University— Craigan Todd Usher, MD

Penn State Milton S. Hershey Medical Center—Fauzia Mahr, MD

Prisma Health/University of South Carolina, Columbia—John E. Bragg, Jr, MD

Prisma Health/University of South Carolina, Greenville—Megan W. Zappitelli, MD

Samaritan Health Services-Corvallis— Benjamin R. Lafferty, MD

Thomas Jefferson University— David Beckmann, MD

Southern Illinois University— Ayame Takahashi, MD

Stanford University—Isheeta Zalpuri, MBBS

#### Members of the 100% Club (continued)

Texas Tech University Health Sciences Center El Paso—Cecilia C. De Vargas, MD

University of California, Los Angeles— Misty C. Richards, MD, MS

University of Massachusetts Chan Medical School—Brian Skehan, MD, PhD

University at Buffalo, SUNY— Sourav Sengupta, MD, MPH

University of Alabama-Blessing Falola, Md

University of Arkansas for Medical Sciences—Veronica Raney, MD

University of Chicago-Karam Radwan, MD

University of Colorado—Anne Penner, MD

University of Kansas-Nathan Prichard, DO

University of Kansas, Wichita— Cassie D. Karlsson, MD

University of Kentucky— Sandra Batsel-Thomas, MD

University of Louisville—Jennifer F. Le, MD

University of Mississippi—Jonathan Baker, MD

University of New Mexico— Kimothi N. Cain, MD, MPH

University of Pittsburgh— Sansea L. Jacobson, MD

University of South Florida— Leigh J. Ruth, MD

University of Toledo—Jamie Migliori, MD

University of Utah Health— Kristi Kleinschmit, MD

University of Washington— Ray Chih-Jui Hsiao, MD

Wake Forest University Baptist— Naomi Leslie, MD

Washington University in St. Louis/BJH/ SLCH Consortium—Eric E. Spiegel, MD

#### Wright State University—Kari Harper, MD

Yale Child Study Center— Dorothy E. Stubbe, MD



#### AACAP Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award Christelle Tan, MD

The AACAP Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award was made possible by a generous donation from Lisa Yang, MBA in honor of past AACAP president, Marilyn B. Benoit, MD. This award provides an opportunity for recipients and mentors to design a project over 12–16 weeks focusing on child welfare, foster care, and/or child maltreatment in order to raise awareness, recognize leaders, and create a community of knowledgeable teachers who will become leaders in these fields.

Christelle Tan, MD, is a medical resident at Cincinnati Children's Hospital Pediatrics, Psychiatry, and Child-Adolescent Psychiatry training program. She received her Bachelor of Science in psychology at Duke University and attended Duke School of Medicine for her medical degree. She is also a part of her residency training program's research track, through which she has completed projects looking at health outcomes among children involved in child welfare.

Dr. Tan's project entitled "Experiences Obtaining Mental Health Services Among Youth in Foster Care" aims to describe the process and experiences of initiating mental health care among individuals with child welfare involvement as they enter out-of-home care. In the long term, information from this project could be used to advance future interventions to improve mental health accessibility. Her mentor, Dr. Mary Greiner, MD, MS, is a child abuse trained pediatrician who serves as medical director of Cincinnati Children's Hospital CHECK Foster Care Center and co-director of the Child Welfare Research Lab.



Dr. Tan's project is entitled, "Experiences Obtaining Mental Health Services Among Youth in Foster Care."

I am extremely grateful to AACAP for this opportunity. I am excited to continue working on projects which aim to improve health outcomes among youth involved in child welfare and to apply the lessons learned from these experiences in the future as an early career psychiatrist.

#### AACAP—SAMHSA Systems of Care Poster Award and Fellowship

The 2024 Systems of Care Special Program, sponsored by AACAP's Systems of Care Committee, provides child and adolescent psychiatrists and other mental health providers with the knowledge, skills, and attitudes necessary to better serve youth under a system of care and community-based model. The Systems of Care Special Program Clinical Projects, funded by SAMHSA's Center for Mental Health Services, The National Training & Technical Assistance Center (NTTAC), and AACAP's Systems of Care Committee, offer selected residents and fellows a mentorship opportunity with Systems of Care Committee members and other colleagues in the creation of a poster related to systems of care topics.

Pranav Aurora, MD, ScM—NewYork-Presbyterian Hospital

Nina R. Bihani, MD—University of California, San Diego

Nina C. Burruss, MD-Johns Hopkins Hospital

Lipi Gupta, MD—Children's Hospital of Philadelphia

Victoria A. Lewis, MD, MSW, MPP-Yale Child Study Center

Linda M. Nix, MD, MPH—Cambridge Health Alliance

Joseph A. Pereira, MD-NewYork-Presbyterian Hospital

Meeta Prakash, MD, MS-Tulane University

Victoria Trump Redd, MD—Cambridge Health Alliance

Colleen E. Waickman, MD-Nationwide Children's Hospital/The Ohio State University



#### AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident Hamiyet Ipek, MD

The AACAP Beatrix A. Hamburg, MD, Award for the Best New Research Poster by a Child and Adolescent Psychiatry Resident was established in 1996 through a grant from the Greenwall Foundation and the Klingenstein Third Generation Foundation in honor of Beatrix A. Hamburg, MD, former president of the William T. Grant Foundation and an AACAP Life Fellow. This award honors her commitment to the education and development of young investigators by recognizing the best new research poster by a child and adolescent psychiatry resident and AACAP member.

Hamiyet Ipek, MD, was born and raised in Istanbul. She earned her medical degree from Istanbul University Cerrahpasa Medical School, Turkey. She then pursued a child and adolescent psychiatry residency at Bakirkoy Mental Health Hospital. During her training, she actively engaged in teaching and clinical research, with her work being presented at national and international conferences and published in peer-reviewed journals. After residency, Dr. Ipek served as a child and adolescent psychiatrist in a rural area, providing care to underprivileged populations and war-affected Syrian children. She also organized volunteer seminars to raise awareness about autism and mental health services for immigrants. Dr. Ipek continued her academic journey in the USA, completing a general psychiatry residency at Mt. Sinai School of Medicine Elmhurst Hospital Center. She is currently a second-year CAP fellow at Zucker School of Medicine, Hofstra Northwell. Her clinical interests include autism and neurodevelopmental disorders, catatonia, neuroinflammation, and cognitive behavioral therapies. Dr. Ipek is a mother of two daughters and a cat, and she enjoys exploring the world with them.



Dr. Ipek presents the poster "Metformin's Antiinflammatory Effects in Pediatric Bipolar Disorder: Exploring the Role of Systemic Inflammatory Response Index and Systemic Immune Inflammatory Index" which is available to view during New Research Poster Session 3 on October 17 from 10:30 am to 12:30 pm or on the Annual Meeting website throughout the meeting.

I am deeply honored to receive AACAP's Beatrix A. Hamburg, MD, Award. My heartfelt thanks go to my mentors, Drs. Victor Fornari and Claudine Higdon, for their invaluable guidance, and to Drs. Melissa DelBello and Christoph Correll for their constant encouragement. Also acknowledging our team members and co-authors, Thomas Blom, Christina Klein, and Jeffery Welge, for their outstanding contributions.

# AACAP John F. McDermott, MD, Assistant Editor-in-Residence for the *Journal of the American Academy of Child and Adolescent Psychiatry* David C. Saunders, MD, PhD



Dr. Saunders speaks in Workshop 28: "How to Get Published: Tips, Strategies, and Consultation from *JAACAP* and *JAACAP Connect*" on Thursday, October 17 from 1:30 pm–4:30 pm.

The John F. McDermott, MD, Assistant Editor-in-Residence position provides the opportunity for an early-career child and adolescent psychiatrist to join the editorial team of the Journal of the American Academy of Child and Adolescent Psychiatry (JAACAP) for two years. Working closely with the editor-in-chief, the assistant editorin-residence acquires an intimate understanding of the editorial processes behind the production of the Journal. The long-term goal of this position is to foster the professional growth of child and adolescent psychiatrists interested in the editorial process. The award was established in 2006 in honor of the late John F. McDermott, Jr., MD, JAACAP editor-in-chief, 1988–1997.

David C. Saunders, MD, PhD, is an Assistant Professor of Psychiatry at Columbia University/New York State Psychiatric Institute. He completed his medical degree at Weill Cornell Medical College, his PhD at Emory University in Religion, and adult psychiatry residency and child and adolescent psychiatry fellowship at Yale in the Solnit Integrated Research Training Program. His Child and Adolescent Mindfulness and Spirituality Lab is part of the Center for Intergenerational Psychiatry at Columbia, where his research focuses on mindfulness-based interventions in child and adolescent psychiatry, as well as religiosity and spirituality in child and adolescent mental health. He is particularly interested in substance use disorder and substance use prevention, as well as attention-deficit/ hyperactivity disorder. His work has been supported by AACAP, including the AACAP Pilot Research Award and the K12 Physician Scientist Program in Substance Use Career Development Award.

Following in the footsteps of prior awardees, I am grateful for the opportunity to continue as the John F. McDermott, MD, Assistant Editor-in-Residence. I am thrilled to contribute to JAACAP and JAACAP Connect by sharing my passion for research, writing, and education. I extend a special thank you to the McDermott family for this wonderful opportunity, and another special thank you to Mariel Gambino, Anne McBride, Mary Billingsley, Keiana Joaquin, Doug Novins, and all staff at JAACAP and AACAP for making this opportunity possible.

#### AACAP John E. Schowalter, MD, Resident Member of Council Carly Kawanishi, MD

The AACAP John E. Schowalter, MD, Resident Member of Council honors former AACAP President John E. Schowalter, MD (1989– 1991). The resident participates in the governance of AACAP by attending Council meetings for two years (2024–2026). This position encourages those new to the field of child and adolescent psychiatry to become familiar with AACAP functions as well as the overall governance of the association and in turn gives resident members of AACAP a voice on Council.

Carly Kawanishi, MD, grew up in Southern California. She attended the University of California, Los Angeles for her undergraduate studies, and attended medical school in New England at the Frank H. Netter MD School of Medicine at Quinnipiac University. During her second year of medical school, Dr. Kawanishi attended her first AACAP conference and afterwards got involved in the Committee on Medical Students and Residents (MSR). She spent two terms as an official MSR committee member, and has led events focused on mentorship, well-being and self-compassion, and opportunities for trainees to meet with AACAP Life Members. Dr. Kawanishi completed her general psychiatry residency at the University of Colorado, during which time she received the Dr. Judy Hu Collegiality Award from her residency and was selected for the American Psychiatric Association Foundation's Child and Adolescent Psychiatry Fellowship. She is now a first-year child and adolescent psychiatry fellow at the University of Colorado. Her professional interests include student mental health, psychotherapy, interventional psychiatry, medical education, and physician and trainee well-being initiatives.



It is an absolute honor to be the next John E. Schowalter, MD, Resident Member of Council, and to follow in the footsteps of some of my biggest role models. I am so grateful to have found my professional home in AACAP. Through AACAP, I have met mentors who have inspired me and helped me grow, and I've forged cross-country friendships strengthened by shared passions. Thank you to AACAP for creating this space for connection across training/career levels and time zones. I am thrilled to continue this work in building opportunities for connection for the next generation of child and adolescent psychiatry trainees.

#### AACAP Diversity, Equity, and Inclusion (DEI) Emerging Leaders Fellow—Journal of the American Academy of Child and Adolescent Psychiatry

#### Nina Bihani, MD



The AACAP Diversity, Equity, and Inclusion (DEI) Emerging Leaders Fellowship aims to support AACAP in strengthening its diversity leadership and workforce development efforts across the organization and the Journal of the American Academy of Child and Adolescent Psychiatry (JAACAP). This two-year fellowship will offer mentorship and leadership experience, allowing the fellow to become familiar with JAACAP, complete a project of their choosing, and be a voice on JAACAP's Editorial Board with regard to diversity, equity, and inclusion matters.

Nina Bihani, MD, is a currently in her second year of child and adolescent psychiatry fellowship at the University of California San Diego, where she is part of the research track. A Detroit native, she completed her general psychiatry residency at Wayne State University/Detroit Medical Center. Dr. Bihani is a prior APA Public Psychiatry Fellow, who served on the APA Council of Children, Adolescents and Families. She is also a former member of the editorial board of the American Journal of Psychiatry-Residents' Journal. She is currently a trainee member on AACAP's Autism and Intellectual Disability Committee and is co-chair of Policy and Advocacy of the Sibling Leadership Network. Her current research is focused on improving medical student education regarding intellectual and developmental disorders, particularly with regards to marginalization and medical education. Her clinical interests include working with marginalized populations, including those experiencing homelessness and incarceration, those with neurodevelopmental disabilities, and the LGBTQIA+ community. She considers herself a connoisseur of tacos and cheesecake, and spends her free time seeking new adventures with her wife and family.

I am highly honored to be chosen by the Academy as a DEI fellow. I hope to use this opportunity to learn more about academic writing and publishing, so I can further use my voice to amplify those who are marginalized.



# AACAP Diversity, Equity, and Inclusion (DEI) Emerging Leaders Fellow—AACAP Council

Desiree DiBella, MD

The AACAP Diversity, Equity, and Inclusion (DEI) Emerging Leaders Fellowship aims to support AACAP in strengthening its diversity leadership and workforce development efforts across the organization and the Journal of the American Academy of Child and Adolescent Psychiatry (JAACAP). This two-year fellowship will offer mentorship and leadership experience, allowing the fellow to become familiar with the AACAP Council, complete a project of their choosing, and be a voice on the Council with regards to diversity, equity, and inclusion matters.

Desiree DiBella, MD, is completing her fifth year in the Triple Board residency at Cincinnati Children's Hospital and Medical Center (CCHMC). Her clinical specialties are adult psychiatry, pediatrics, and child and adolescent psychiatry. She decided to train in the combined Triple Board Residency Program because she desired a strong foundation in pediatric medicine and psychiatry training to holistically serve children with mental health needs within the primary care and subspecialty areas.

Dr. DiBella approaches all patient care with the foundation of connection. She believes if you can connect with a family—whether that be sharing similar values, backgrounds, or goals for treating their child with the best care possible—that provides a solid base to build the rest of the clinical relationship.

In her future clinical practice as an attending pediatrician and child and adolescent psychiatrist at CCHMC she will provide a mixture of primary care pediatrics and child and adolescent psychiatry services within an integrated and collocated child and adolescent psychiatry model in an outpatient pediatrics clinic in Cincinnati, Ohio.



Thank you, Academy, for this invaluable opportunity to deepen my knowledge in Diversity, Equity, Inclusion, and Belonging as a 2024 DEI Emerging Leaders Fellow. It is an honor to collaborate with passionate colleagues in child and adolescent psychiatry committed to providing culturally competent, holistic care to families.

# AACAP Diversity, Equity, and Inclusion (DEI) Emerging Leaders Fellow—Program Committee

#### Christina Bodison, MD



The AACAP Diversity, Equity, and Inclusion (DEI) Emerging Leaders Fellowship aims to support AACAP in strengthening its diversity leadership and workforce development efforts across the organization. This two-year fellowship will offer mentorship and leadership experience, allowing the fellow to build peer review skills for Continuing Medical Education (CME) programs with support and mentorship from members of the Program Committee. The Program Committee is responsible for selecting all Annual Meeting programming each year. In addition, the Fellow is part of the Program Committee's DEI Subcommittee to evaluate diversity initiatives and ensure that the Annual Meeting program is representative of AACAP's population.

Christina Bodison, MD, is a chief resident in the child and adolescent psychiatry fellowship at the University of Colorado. She received her undergraduate and medical degree from Howard University. During her fourth year of medical school, she was inducted into the Alpha Omega Alpha Honor Medical Society and Gold Humanism Honor Society. She completed her general psychiatry residency at the University of Wisconsin-Madison. While in residency, she was involved in research projects focused on the impact of childhood trauma, adversity, and mood disorders on child and adolescent brain development, and she was involved in a randomized, controlled clinical trial addressing postpartum depression through federally funded home visiting programs. Her clinical interests include perinatal psychiatry, early childhood, and school-based mental health. She is particularly passionate about health equity, diversity, and inclusion, focusing on perinatal individuals and early childhood development.

I am immensely grateful to AACAP for this incredible honor. It is a privilege to be selected as the Program Committee DEI Emerging Leaders Fellow, and I am excited to join my colleagues in furthering AACAP's efforts to promote mental health equity.
# AACAP Pilot Research Awards for Attention Disorders or Learning Disabilities, supported by AACAP's Elaine Schlosser Lewis Fund

The AACAP Pilot Research Awards for Attention Disorders or Learning Disabilities, supported by AACAP's Elaine Schlosser Lewis Fund, encourages early career faculty and child and adolescent psychiatry fellows to pursue research careers in the area of attention disorders or learning disabilities. Established in 2001, recipients receive up to \$15,000 for a mentored pilot research project. The Elaine Schlosser Lewis Fund is named in memory of Elaine Schlosser Lewis, a special education teacher, child advocate, and mother of AACAP member, Owen Lewis, MD.

## 2022 Recipient:



#### Tashalee R. Brown, MD, PhD

University of California, Los Angeles Project: *Genetic Testing Practices Among Children with Intellectual Disability and ASD Using National Medicaid Claims Data* Mentor: Julian A. Martinez, MD, PhD

## 2023 Recipient:



#### Margaret Y. Yau, MD, MS

University of California, Riverside Project: *Promoting ADHD Awareness in Diverse Communities Using Community-Based Participatory Research* Mentor: Takesha Cooper, MD, MS

## AACAP Pilot Research Awards for Early Career Faculty and Child and Adolescent Psychiatry Fellows, supported by AACAP

The AACAP Pilot Research Awards, supported by AACAP, aim to reduce the shortage of pediatric mental health researchers, support early career investigators at a critical stage, and encourage future careers in child and adolescent psychiatry research by providing up to \$15,000 to support a mentored pilot research project.

## 2021 Recipient:



#### Alissa D. Hemke, MD

University of Washington and Seattle Children's Hospital Project: Using Peer Supports to Strengthen and Expand a Behavioral Parent Training Program Mentor: Brent R. Collett, PhD

## 2022 Recipients:





University of California, Los Angeles Project: An Investigation of Cultural Factors Impacting Depression Among Multi-Ethno-Racial Youth Mentor: David Miklowitz, PhD



#### Halide B. Turkozer, MD

Harvard University and McLean Hospital Project: Structure of Visual Cortex Subregions in Youth at Clinical High Risk for Psychosis and Those Experiencing First-Episode Psychosis Mentor: Dost Öngür, MD, PhD

# AACAP Pilot Research Awards for Early Career Faculty and Child and Adolescent Psychiatry Fellows, supported by AACAP (continued)

## 2023 Recipients:



#### Tanner Bommersbach, MD

Mayo Clinic Project: *Does Psychosocial Treatment of Disruptive Behavior Disorders in Young Children Reduce Future Substance Use? Examination of a Large Birth Cohort* Mentor: Osama A Abulseoud, MD



#### Sherab Tsheringla, MBBS, MD

Yale Child Study Center Project: Target Engagement of Social Perceptual Neural Systems by Intermittent Theta Burst Stimulation in Autism Spectrum Disorder Mentor: James C. McPartland, PhD



#### Joshua R. Wortzel, MD, MPhil, MS

Institute of Living Project: *Climate Distress: An Analysis of Risk Factors and Functional Impairment in a Clinical Sample of Young People* Mentor: Nicole Nugent, PhD



#### Bryan Youngwoo Yoon, MD, PhD New York University Project: *The Regional Distribution of Brain Iron and Its Relation to Behaviors in Children and Adolescents* Mentor: Moriah E. Thomason, PhD

## AACAP Pilot Research Award for General Psychiatry Residents, supported by Industry Supporters

The AACAP Pilot Research Awards, supported by Industry Supporters, encourage general psychiatry residents to pursue research careers in pediatric mental health research, aim to reduce the shortage of pediatric mental health researchers, and support early career investigators at a critical stage by providing up to \$15,000 to support a mentored pilot research project.

## 2022 Recipient:



Joseph Aloi, MD, PhD Indiana University Project: Family History of Binge Drinking is Associated With Alterations in Reward Learning Neuro-Circuitries Mentor: Leslie A. Hulvershorn, MD

\*The Pilot Research Award for General Psychiatry Residents was supported by Sunovion Pharmaceuticals Inc. (2022)



## AACAP Educational Outreach Program for General Psychiatry Residents, supported by AACAP's Endowment Fund

The AACAP Educational Outreach Program provides the opportunity for general psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. Supported by AACAP's Endowment Fund, recipients receive up to \$1,200 of financial assistance to experience AACAP's Annual Meeting. Ngozi J. Adaralegbe, MD, PhD—University of Texas Health Science Center at Houston Oluwatosin A. Adebiyi, MD, MPH-University of California, San Francisco Danah Atassi, DO—Inspira Health Network/Inspira Medical Center Vineland Sharlo L. Bayless, MD-State University of New York at Buffalo Zachary Bloomberg, MD—The University of Chicago Medical Center Melissa Chen, DO-University of Central Florida Caneisha D. Coburn, MD-Howard University Hospital Maricar Gener, DO—Detroit Wayne County Health Authority Pavan Mahima C. Ginjupalli, MD, MPH—University of Texas Health Science Center at San Antonio Matthew P. Golub, MD—University of Colorado Anschutz Medical Campus Monica J. Goodman, MD—University of New Mexico Olivia Hindera, MD—Washington University in St. Louis Shawn J. Janarthanan, DO, MPH-Texas Institute for Graduate Medical Education and Research Shivani Kaushal, MD—Detroit Medical Center/Wayne State University Daniel Laor, MD—New York University David P. Lindars, MD—University of Florida, Jacksonville Darlina F. Liu, MD-Cambridge Health Alliance Ariella Maghen, MD—Community Memorial Health System Mario Montelongo, MD—University of Texas Health Science Center at Houston Chioma A. Onyejiaka, MD—NewYork-Presbyterian Hospital/Columbia University and New York State Psychiatric Institute Seyed Parsa Ravanfar, MD-University of Texas Southwestern Maria Saliba, MD-Mayo Clinic Aashima Sarin, MD, MBA—Boston University Kaushal Shah, MD, MPH, MBA-Wake Forest University Paula Tefera, MD—Hackensack Meridian Health Jersey Shore University Aria D. Vitale, MD-MedStar Georgetown University Hospital Tai West, MD—Hackensack Meridian Ocean University

## AACAP Educational Outreach Program for General Psychiatry Residents, supported by AACAP's Endowment Fund (continued)

Sammi Wong, DO—One Brooklyn Health System/Brookdale University Hospital and Medical Center

Sophia J. Youn, DO—Jamaica Hospital Medical Center

Lijia Zhang, MD—Virginia Commonwealth University



## AACAP Educational Outreach Program for General Psychiatry Residents, supported by the AACAP Life Members Fund

The AACAP Educational Outreach Program provides the opportunity for general psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. Supported by AACAP's Life Members Fund, recipients receive up to \$1,200 of financial assistance to experience AACAP's Annual Meeting.

Mitchell Bayne, MD, MPH-State University of New York Downstate

Jose A. Calderon, MD—Yale University

Jesse P. Cannella, MD\*—Indiana University

Allison Chang, MD—University of Hawai'i

Angela C. Eke-Usim, MD, MPH—Michigan State University/Authority Health

Ryan J. Elliott, MD, MPH—University of California, San Diego

Minju Hwang, DO-University of Florida

Folasade C. Lapite, MD, MBE\*—University of Texas Southwestern

Deborah Park, MD, MS-Brigham and Women's Hospital

Johana Pena, MD—UCLA David Geffen School of Medicine/UCLA Medical Center/ VA Greater Los Angeles Healthcare System

Kit M. Quain, MD—Butler Hospital/Brown University

Kalyan Tripathy, MD, PhD—UPMC Western Psychiatric Hospital

Deniz Yuruk, MD-St. Louis University

\*Triple Board/Post Pediatric Portal Resident

## AACAP Educational Outreach Program for Child and Adolescent Psychiatry Residents, supported by AACAP's Endowment Fund

The AACAP Educational Outreach Program provides the opportunity for child and adolescent psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. Supported by AACAP's Endowment Fund, recipients receive up to \$1,200 of financial assistance to attend AACAP's Annual Meeting and must obtain a minimum of \$300 of shared funding from a regional organization or institution. Serra Akyar, MD, MPH-Northwell/Hofstra University Grace H. An, MD-Zucker Hillside Hospital Bekir B. Artukoglu, MD-Baylor College of Medicine Andrew R. Austin, MD-Children's Hospital of Philadelphia Isabella K. Caldwell, MD—Cambridge Health Alliance and Harvard Medical School Adam Chan, MD—The University of Tennessee Health Science Center Emily L. Cooper, MD—Indiana University Michele de Leon Jauregui, MD\*—University of Utah Alice Doong, DO, MS—Michigan State University Claire Franklin, MD—Louisiana State University Health New Orleans Kimberly S. Hsiung, MD—Vanderbilt University Jiaochen Ke, MD—University of Colorado Victore P. Kekere, MD, MS-Zucker Hillside Hospital/Northwell Health Jihoon Kim, MD—Columbia University Mang-tak A. Kwok, MD-State University of New York Downstate Sherina Langdon, MBA, MD—Brookdale University Hospital Medical Center Yehze Lin, MD, MS—Carilion Clinic-Virginia Tech Carilion School of Medicine Suniya Naeem, MD—Washington University in St. Louis Vinh-Son V. Nguyen, MD—Boston Children's Hospital Aderonke Oyetunji, MD—University of Missouri, Kansas City Hetal Patel, MD—Washington University in St. Louis Louise Rousseau, DO-Samaritan Health Services Lauren K. Schooner, MD—University of California, Irvine Alyssa Shaffner, MD—University of Texas Medical Branch at Galveston Saad Shamshair, MD—Children's Hospital of Philadelphia Megan P. Single, MD—Duke University Elizabeth Steuber, MD-Boston Children's Hospital

## AACAP Educational Outreach Program for Child and Adolescent Psychiatry Residents, supported by AACAP's Endowment Fund (continued)

Melanie Tam, MD, ScM—University of California, San Diego Alexandra M. Villagran, MD\*—University of Utah Francois Williams, MD—Georgetown University Joseph T. Wong, MD—Loma Linda University Jessica Zhang, MD—University of Chicago

\*Triple Board/Post Pediatric Portal Resident

## AACAP Educational Outreach Program for Child and Adolescent Psychiatry Residents, supported by the AACAP Life Members Fund

The AACAP Educational Outreach Program provides the opportunity for child and adolescent psychiatry residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. Supported by AACAP's Life Members Fund, recipients receive up to \$1,200 of financial assistance to experience AACAP's Annual Meeting.

Max Galvan, MD—University of Texas Southwestern Asmara T. Hoo-Cardiel, DO—University of Colorado Amy R. Johnson, MD—University of Vermont Lydia Livas, MD—University of North Carolina Ashley Shatola, MD—Stanford University Elaine Shen, MD—NewYork-Presbyterian Hospital/Columbia University and Cornell University Joshua Shupe, MD—Medical College of Wisconsin Yvonne O. Uyanwune, MD—Yale University



## AACAP Educational Outreach Program for Child and Adolescent Psychiatry Residents supported by AACAP's John E. Schowalter, MD, Endowment Fund

The AACAP Educational Outreach Program, supported by AACAP's John E. Schowalter, MD, Endowment Fund provides the opportunity for one child and adolescent psychiatry resident to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. The recipient receives up to \$1,200 of financial assistance to attend AACAP's Annual Meeting. The John E. Schowalter, MD, Endowment Fund was established in 2014 with a generous endowed gift from Frank A. Roberto, MD, to honor his Yale mentor, John E. Schowalter, MD.

Tania M. Michaels, MD\*—University Hospitals Cleveland Medical Center/Rainbow Babies & Children's Hospital

\*Triple Board/Post Pediatric Portal Resident

## AACAP Educational Outreach Program for Pediatric Residents, supported by the AACAP Life Members Fund

The AACAP Educational Outreach Program provides the opportunity for pediatric residents to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience AACAP's Annual Meeting. Supported by AACAP's Life Members Fund, recipients receive up to \$1,200 of financial assistance to experience AACAP's Annual Meeting.

Dilasha Manandhar, MBBS—Lincoln Medical and Mental Health Centre

Noelia A. Torres Resto, MD—Washington State University



## AACAP Life Members Mentorship Grants for Medical Students, supported by AACAP's Life Members Fund

The AACAP Mentorship Grants for Medical Students, supported by AACAP's Life Members Fund, provides the opportunity for medical students to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience the AACAP Annual Meeting. Established in 2011 and supported by AACAP's Life Members Fund, recipients also engage with AACAP Life Members by attending the Life Members Clinical Perspectives and the Life Members Reception. Recipients receive up to \$1,200 of financial assistance to attend AACAP's Annual Meeting.

Bazif Bala, BA—Brown University

Stephanie Bueno, BS-University of California, Los Angeles

Megan E. Conrow-Graham, BS—State University of New York at Buffalo

Dasanae Davis, BA—Meharry Medical College

Crystal Do, BS—University of California, Riverside

Tony Liu, BA—University of Chicago

Osaiyaoko S. Omozee, MS-University of Houston

Peter J. Park, BS-Texas Christian University

Kiara M. Patton, MS-Ohio University

Amy B. Reyes, MLIS—University of Colorado

Haylee Trulson, MS-Alabama College of Osteopathic Medicine

Kirti Veeramachaneni, BS—St. Louis University

## AACAP Mentorship Grants for Medical Students, supported by AACAP's Endowment Fund

The AACAP Mentorship Grants for Medical Students, supported by AACAP's Endowment Fund, provides the opportunity for medical students to receive a formal overview of child and adolescent psychiatry, establish mentor relationships with child and adolescent psychiatrists, and experience the AACAP Annual Meeting. Recipients receive up to \$1,200 of financial assistance to attend AACAP's Annual Meeting.

Nakul Aggarwal, PhD—University of Wisconsin, Madison Esha Aneja, BS—California Northstate University Deanna Chea, BS—University of Nevada, Las Vegas Terry Derias, BS—University of Miami Reni Forer, BA—University of Michigan Loren S. Hardeman, MBA-Morehouse School of Medicine John M. Imbrie, AB\*—Western University of Health Sciences, College of Osteopathic Medicine of the Pacific Tahia Karim, MPH\*—Kansas College of Osteopathic Medicine Rachel G. Kasdin, MS—Icahn School of Medicine at Mount Sinai Rushali Kothari, BS—Albany Medical College Isha Kumbam, MS—Rutgers Robert Wood Johnson Medical School Zachary Lawrence, BS—Eastern Virginia Medical School Austin D. Le, BA, BS, MS-University of Illinois, Peoria Vishalli Loomba, MPH, MSc—University of California, San Francisco Lydia W. Maliackel, BA—Drexel University Meghan M. Mallya, BS—University of Texas Medical Branch at Galveston Evonne P. Nguyen, BS—Tulane University Lily T. Nguyen, BS—University of Texas Medical Branch at Galveston Jake J. Son, BS—University of Nebraska Medical Center Tevin S. Um, BS—Nova Southeastern University Sai Supriya Vuda, BA—University of Missouri-Columbia Jack Wright, BA-New Jersey Medical School

\*Award partially funded through a generous donation from Muhammad Waqar Azeem, MD, 2023 AACAP Norbert and Charlotte Rieger Service Program Award for Excellence recipient. AACAP Jeanne Spurlock, MD, Research Fellowship in Substance Abuse and Addiction for Minority Medical Students, supported by the National Institute on Drug Abuse (NIDA), and AACAP's Campaign for America's Kids

The AACAP Jeanne Spurlock, MD, Research Fellowship in Substance Abuse and Addiction for Minority Medical Students, supported by the National Institute on Drug Abuse (NIDA), is named in honor of Jeanne Spurlock, MD, in recognition of her lifetime of opening doors for colleagues from diverse backgrounds and fostering career advances. The summer fellowships encourage outstanding minority students to pursue careers in substance abuse and addiction research in child and adolescent psychiatry. The fellowships are administered through AACAP's Department of Research, Grants, and Workforce, AACAP's Substance Use Committee, under the direction of Patrice Malone, MD, PhD, and Amy Yule, MD, along with AACAP's Diversity and Culture Committee, under the direction of Annie Li, MD, and Dayna LePlatte, MD.



#### Irving A. Barrera, BS

Harvard University Project: Integrated Care Models and Their Effect on Retention and Treatment of Youth With Opioid Use Disorder Enrolled in Medicaid Mentors: Kevin M. Simon, MD, MPH, and Scott E. Hadland, MD, MPH



Saranya Menon, BS University of Illinois College of Medicine Project: Developing a Social Framework for Black Adolescent Opioid Use Disorder Treatment Motivation Mentor: Niranjan S. Karnik, MD, PhD



#### Kathryn Nielsen, BS

Boston University Project: Substance Use Treatment Utilization for Youth with Co-Occurring Psychiatric and Substance Use Disorders Mentor: Amy Yule, MD



Jayla French, BS Indiana University Project: Engaging Families in Adolescent Opioid Addiction Treatment: Insights From Caregiver Experiences Mentors: Leslie Hulvershorn, MD, and Trey Dellucci, PhD



#### Alisha Steigerwald, BS

Harvard University and Kartini Clinic for Children and Families Project: *The Effect of Habitual Cannabis Use on Eating Disorder Trajectory and Outcome* Mentors: Nikhil Rao, MD, MS

## AACAP Summer Medical Student Fellowship in Child and Adolescent Psychiatry, supported by AACAP's Campaign for America's Kids, Break the Cycle Initiative

The AACAP Summer Medical Student Fellowships, supported by AACAP's Campaign for America's Kids, Break the Cycle Initiative, offer an opportunity for medical students to explore a career in child and adolescent psychiatry, gain valuable work experience, and meet leaders in the field of child and adolescent psychiatry. The fellowship opportunity provides up to \$3,500 for 12 weeks of clinical or research training under a child and adolescent psychiatrist mentor. The fellowships are administered through AACAP's Department of Research, Grants, and Workforce, AACAP's Training and Education Committee, under the direction of Bryan Perry Kurtz, MD, and Erica Shoemaker, MD, along with AACAP's Committee on Medical Students and Residents, under the direction of Alyssa Shaffner, MD and Jessica Stephens, DO.



### Jace M. Boswell, BS

University of Wisconsin Project: *Virtual-Reality and Emotion Regulation in Violence-Exposed Youth* Mentors: Ryan J. Herringa, MD, PhD and Justin D. Russell, PhD Mr. Boswell's award was partially funded by the Greater Worcester Community Foundation.



#### Maida Duncan, BS

Washington University in St. Louis Project: *The Presence of Externalizing Diagnoses Along With Depression Increases the Risk of Suicidal Thoughts and Behaviors Across Childhood* Mentor: Alecia Vogel-Hammen, MD, PhD



#### Veronica I. Gandara, BS

California Northstate University Project: Feasibility of Wearable Devices as a Source of Data to Support HealthAI in Autism Spectrum Disorder (ASD) Populations Mentor: Aaron D. Besterman, MD, University of California, San Diego/Rady Children's Institute for Genomic Research



## Elijah W. Hale, MS

Brady D. Hanshaw, BS

University of Colorado Project: *Latent Class Analysis of Youth Suicide: Vulnerable, Treated, Hidden, and Critical* Mentor: Kimberly Kelsay, MD



Harvard University Project: *Tailoring Systems of Care for Sexually and Gender Diverse Youth: A Minority Stress Framework* Mentor: Alex S. Keuroghlian, MD, MPH Mr. Hanshaw's award was partially funded by the Greater Worcester Community Foundation.



## AACAP Summer Medical Student Fellowship in Child and Adolescent Psychiatry, supported by AACAP's Campaign for America's Kids, Break the Cycle Initiative (continued)



#### Julie Hwang, MSc

University of North Carolina at Chapel Hill Project: *Bridging the Gap: Exploring Caregiver Perceptions of Barriers and Facilitators in Task-Shifted Teacher-Delivered Mental Health Care in Darjeeling, India* Mentor: Christina Cruz, MD, University of North Carolina Hospitals



#### Jaclyn Jakubowski, BS

San Juan Bautista School of Medicine Project: Effect of Gabapentin on Glx and GABA as Potential Biomarkers for Social Cognition in Adolescents with ASD Mentor: David M. Cochran, MD, PhD, Eunice Kennedy Shriver Center, UMass Chan Medical School



#### Helen Rose Mizrach, BS

University of Massachusetts Project: Impact of Intensive Care Coordination on Emergency Department Boarding and Out-of-Home Placements: A Retrospective Chart Review Mentor: W. Peter Metz, MD, University of Massachusetts



#### Lindsay N. Overhage, BA

Harvard University Project: Impact of Inpatient Psychiatric Care on Subsequent Service Utilization for Youth With Acute Mental Health Concerns Who Board in Emergency Departments Mentor: Nicole M. Benson, MD, Harvard Medical School and McLean Hospital



Neha Pashankar, BA Quinnipiac University Project: *Effortful Control Training for Clinically Anxious Preschoolers Reduces Anxiety Symptoms* Mentor: Kate Dimond Fitzgerald, MD, Columbia University



#### Jordan J. Samuel, MS Des Moines University College of Osteopathic Medicine Project: *Modeling Striatal Enlargement and Associated Behaviors in the Developing Mouse Brain* Mentor: Hanna E. Stevens, MD, PhD, University of Iowa



Morgan R. Wynkoop, BA University of Pittsburgh Project: *Factors Predicting School Readiness in Children* Mentor: Heather Joseph, DO, University of Pittsburgh

## NIDA-AACAP Resident Training Award in Substance Use Disorders, supported by the National Institute on Drug Abuse (NIDA)

The NIDA-AACAP Resident Training Award in Substance Use Disorders, supported by the National Institute on Drug Abuse (NIDA), offers up to \$10,000 for one year for project support and \$2,000 for mentor support.

This award aims to encourage general and child and adolescent psychiatry residents to pursue careers in the field of child and adolescent substance use and/or addiction treatment. This award is administered through AACAP's Research, Grants, and Workforce Department and the AACAP Substance Use Committee, under the direction of Amy Yule, MD and Patrice K. Malone, MD, PhD.



## James Wells Lockhart, MD

Children's National Hospital Project: Empowering Pediatric Providers in Substance Use Care with Web-based "Badge Buddy" Mentor: Sivabalaji Kaliamurthy, MD, Children's National Hospital



#### Richard M. Taylor, MD

Louisiana State University Health New Orleans Project: *Responding to Crisis: Equipping School Educators with Practical Knowledge in the Administration of Naloxone* Mentor: Jennifer Creedon, MD, Louisiana State University Health New Orleans



## Acknowledgments

The American Academy of Child and Adolescent Psychiatry expresses appreciation to the following individuals, funds, organizations, and companies that have contributed to AACAP's 2024 Annual Meeting:

AACAP E. James Anthony, MD, Fund AACAP Virginia Q. Anthony Fund AACAP Marilyn B. Benoit, MD, Child Maltreatment Mentorship Award Fund AACAP Campaign for America's Kids AACAP Drs. Gabrielle and Harold Carlson Pediatric Psychopharmacology Research Award Fund AACAP Endowment Fund AACAP Beatrix A. Hamburg, MD, Award Fund AACAP Paramjit Toor Joshi, MD, International Scholar Awards Fund AACAP Leatherman-Drell-Ritvo Fund for the Advancement of Psychodynamic Child and Adolescent Psychiatry AACAP Elaine Schlosser Lewis Award Fund AACAP Life Members Fund AACAP John F. McDermott, MD, Assistant Editor-in-Residence Award AACAP Irving Philips, MD, Award Fund AACAP John E. Schowalter, MD, Endowment Fund AACAP Jeanne Spurlock, MD, Award Fund AACAP George Tarjan, MD, Award Fund AACAP Psychodynamic Faculty Training and Mentorship Initiative AACAP Ülkü Ülgür, MD, International Scholar Award Fund

AACAP Simon Wile, MD, Fund

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